



Exploring Nigeria's Food Culture: Insights from Lagos State and the Jollof Rice Debate

International Café Meeting is a casual event where international students talk about their home countries. Let's get to know food, agriculture, nature, culture, and history of countries around the world. Undergraduate students, graduate students, faculty & staff members, anyone is welcome!

ほっこりカフェは、留学生をスピーカーとしてお招きし、母国について紹介してもらおうカジュアルなイベントです。世界中の国と地域の食べ物・農業から自然、文化、歴史まで、一緒に学びましょう。学部生、院生、教職員、どなたでもどうぞ！

The presentation explores Nigeria's food systems, focusing on their cultural, economic, and policy dimensions. It examines how indigenous crops, local markets, and food culture play critical roles in shaping Nigeria's identity and ensuring food security. The challenges and opportunities presented by modernization are discussed, including the balance between preserving traditional practices and adapting to global influences. Using Lagos State as a case study, the presentation highlights the impact of urbanization on food accessibility, consumer behavior, and nutritional trends. Through relatable examples like the "Jollof Rice War," the presentation connects food culture to national pride while emphasizing the importance of food literacy and awareness. It concludes with actionable recommendations to support local agriculture, promote sustainable food practices, and foster collaboration for a resilient and equitable food system.

私はナイジェリアのフードシステムについて、その文化的・経済的・政策的側面に焦点を当ててお話しします。ナイジェリアのアイデンティティを形成し、食料安全保障を確保する上で、在来作物、地域市場、食文化がいかに重要な役割を果たしているかを説明します。近代化がもたらす課題とチャンスについて、伝統農法とグローバル化への適応のバランスを含め、議論したいと思います。

プレゼンでは、ラゴス州をケーススタディとして、都市化における食料の入手しやすさ、消費者行動、栄養学的傾向にハイライトを当てます。“Jollof Rice War”のような親しみやすい例を通して、食のリテラシーと意識の重要性を強調しながら、食文化を国の誇りへとつないでいきます。最後に地域の農業を支援し、持続可能な食の実践を促進し、回復力があり公平なフードシステム確立への協力を促進する為の、実行可能なアドバイスができれば幸いです。

Speaker



FAROUK UTHMAN GBOLAHAN

Master Course Student

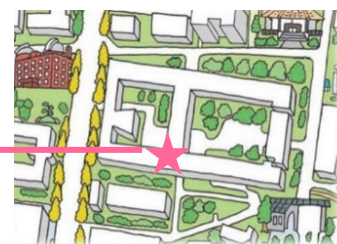
Lab. of International Rural Development,
Division of Natural Resource Economics,
Graduate School of Agriculture



2:00 pm – 3:30 pm, Fri, January 10th



S-131, Agriculture Main Bldg.
農学部総合館 S-131 国際交流室



▼No registration required ▼Free of charge ▼Coffee/tea and some treats will be served!

▼申込不要▼参加無料▼コーヒー・紅茶とお菓子もあります！

Photo credits

Images of upper row and the left corner photo in the bottom row are sourced from (<https://lagosagric.com/programmes/>), organized by "the Lagos State Ministry of Agriculture"

JOLLOF RICE(second image from the right corner, bottom row): sourced from (<https://mamaashanti.co.ke/the-jollof-rice-wars-nigerian-party-jollof-or-qhanaian-jollof/?v=518f4a738816>)

Image of "UNESCO's recognition of Ceebu Jen and its Impact on the on going Jollof Rice Wars": sourced from (<https://www.theipress.com/2023/02/02/unescos-recognition-of-ceeju-jen-and-its-impact-on-the-ongoing-jollof-rice-wars/>)